

North Cornwall Cluster of Churches

Newsletter

January 2020



Polzeath in the Snow, 2019

For the parishes of St Kew, St Endellion with St Peter's, Port Isaac
and St Minver with St Enodoc (Trebetherick) and St Michael (Porthilly)

www.northcornwallclusterofchurches.org.uk

Please take a copy home

Holy Habit #3: Worship

The cupboard is crammed with leftover Christmas cake, the floor is carpeted with tree needles, and you're crashed out on the sofa, wondering how soon it's socially acceptable to throw away your neighbours' Christmas cards. January can feel like a month of recovery as we regain normality and shut the last decorations in the loft for another year. After the Christmas fizz, it can feel quiet and empty. We'll be taking advantage of January's quietness by exploring our next holy habit: worship.



Worship is the heartbeat of the church. It's what humanity, and all creation, was created for. When we worship, we become more and more who we were made to be – and we find that things that were troubling us, things we've been stuck on, begin to change. Worship is not just singing hymns or chanting liturgy. Worship is showing God that we love him and want to honour him, and we can do that a hundred different ways, in our day to day life as well as when we gather together.

This January and February are an opportunity for us to make worship our priority. To explore new ways of worshipping. To ingrain the habit of worshipping God every day. You'd be surprised what a difference this can make in your life! Here are some ways you can practise this holy habit:

- Each week, there will be a different suggestion in the pew sheet for us to try out at home.
- Join us on 25th January and 22nd February for **Come and Sing**, where we'll worship God together with new songs and old favourites (St Minver church, 5 pm).
- **Calling all musicians!** On 1st February we're holding a worship music training day for all who play instruments or sing and are interested in learning more about playing in worship bands. We'll be thinking about why/how we use music to worship and learning practical tips. Bring your instrument to come and have a go, with no obligation to sign up to any rotas! All ages welcome. Bring and share lunch. (Perceval Institute, 9.45 – 3 pm).
- Join one of our **home groups** to explore with others what worship means.

Rose Jones



COME & SING

LEARN NEW SONGS.
WORSHIP TOGETHER.

**SAT 25 JANUARY
SAT 22 FEBRUARY**

5PM | ST MINVER CHURCH

NORTH CORNWALL CLUSTER OF CHURCHES

What is a home group?

There are 2 home groups running in the cluster at the moment, which meet on Tuesdays at 7pm.

The St Minver group is a place where in the words of current members “we can be serious and not take ourselves too seriously”, “a place where we can laugh and cry”, “a place of safety where we can grow in our faith”. We worship and study together (the bible and study guides), pray together, support one another, and share meals. Each session lasts about 2 hours, starting with coffee or tea (and maybe a brownie or shortbread).

The Polzeath group meets for coffee and snacks at 7pm. At 7.30 we start a bible study and share our thoughts until 9pm. It is a very fluid fellowship group to which all are invited, even if you are not a regular churchgoer. There is no commitment required. We just like it to be a place where people can explore what Christianity is, and how it might relate to their lives. We welcome all travelers on the journey!

Both groups have been looking at the book of Acts and seeing how the early church lived out their faith. This had tied in well with the Holy Habits we are practicing in church. If you would like to taste and see if it is for you then contact Elizabeth Wild and she can put you in contact with a group.

“Time, like an ever-rolling stream, bears all its sons away”

That line is from “Our God, our help in ages past”, written by Isaac Watts in 1708. It paraphrases Psalm 90, which was written a millennia ago. It seems that over 300 years ago, people then felt the speed at which life seems to sweep us along. So the feeling for some of us of a certain age, that there are at least two Christmases a year and probably more, is not to be wondered at. Think about it – a fifth of the 21st century has already gone! Yet when we were in our teens, life could drag terribly, when we wanted to get on with life, to succeed, and to achieve. Those of us of that certain age had to cope with National Service, two years largely wasted, feeling like ten.

By the time this is read, life might be rather different, perhaps very different. For did we not have a General Election before Christmas? And the associated dilemma, which I refuse to mention, might have been settled, perhaps? Or not? Exciting, if not something of a black cloud which hung over us at a time when we prepared to celebrate with our families and friends.

The real meaning of Christmas is often lost beneath the rush to buy food, presents, decorations, and, oh yes, the winter ski-ing holidays coming soon afterwards. Then there are the appeals to help those without - without a roof over their heads and even a friend to pray for them. Schools, at least the primary schools, celebrate, and the Nativity play is enjoyed by children and parents alike.

Christmas, the Nativity, was the greatest event in history. If God had not come to live as a human being, born to Mary in Bethlehem, there would be no Christian faith, at least as we know it, whatever else might have happened. No Christmas, no Easter, no Church – it's as simple as that. Jesus was conceived spiritually, in a way we cannot understand, but he grew to become a wandering teacher who performed deeds which were impossible. That is why we call them miracles. Yet he was born to a human mother, which made him as human as we are.

His short ministry of teaching has given our lives values to aspire to and be guided by. In particular at this time we need to remember that Jesus, although a Jew, welcomed and healed people of all races, such as the servant of a Roman centurion, the son of the Syrian woman, the epileptic of Gedara, the woman of Samaria, the Greeks who sought him, as well as the people of Lebanon and east of Israel.

So while all of us in the North Cornwall group of churches wish that your Christmas was happy, please spare time to dwell on the real importance and meaning of the Nativity in our lives and the lives of those we love. May God be with us as we enter 2020.

Peter Coster

Events at St Endellion January 2020

The Chris Treglown Foundation presents: Sure on this shining night
Saturday 4th January

An evening of beautiful music to welcome in the New Year, performed by members of MJUK Music and Arts, winners of the Chris Treglown Fund.

£10. Accompanied Under 16s free



Endelienta

Wells Cathedral School Showcase concert

Sunday 19th January, 3pm

Three outstanding young music students from the school showcase their talents in this Sunday afternoon concert that has become a regular feature of the Endelienta calendar.

£8 to include tea and cake. Accompanied Under 16s free

Ninebarrow Friday 24th January, 7.30pm

The multi award-winning folk duo bring their captivating take on the folk tradition to St Endellion. Combining breathtaking vocal harmonies and melodies, they deliver songs and stories inspired by the landscape and traditions of the British Isles. A night of superb music interspersed with folklore and storytelling at its very best.

£10. Accompanied under 16s free.

Tickets from www.endelienta.org.uk or 07787 944935



Marcus Muse

We like cartoons in our family and currently “Steven Universe” is our favourite. It is about a boy who is brought up by three women aliens each with a gem that brings them specific skills, talents and shortfalls.

Pearl’s gem is located on her forehead, making her logical, analytical, and thoughtful and knowledge is very important to her. She worries the most about Steven and is quick to abandon the mission to keep him safe.

Amethyst’s gem is on her chest, she is quick to feel things, impulsive to act and finds it difficult to reign in her temper and emotions. Amethyst plays the most with Steven and will entertain all his ideas however wild and wacky they may be.

Garnet is the leader of the group with gems on her hands; she is always ready to take decisive action and prepared to try something new if it will get things moving. Garnet is a reassuring strength to Steven; she believes in him and gives him the courage to believe in himself.

Steven has a human Dad and Gem Mum. His mother died giving birth to him but he has her gem and like her, his gem is on his belly button. He is a very protective, caring and self giving person. Steven’s gut instinct sees the goodness in the broken gems and desires to forgive, heal and restore them.

The love shared between the characters and how they resolve their difficulties make it for me a compelling story of family and community life and reminds me of when Paul talks about the body of Christ being made of different members, hands feet and such forth.

We each have a dominant voice that we listen from within to- be it from our heart, mind, soul (gut feelings) or strength (need for action). This is the call of God from deep within us. I wonder if just as Steven experiences the love from the gems differently then maybe we each might experience the Love of God differently too and so I suppose our responses to that love may be quite different; what works well as worship for one person will not necessarily work so well for me.

We are not called to live in bubbles though nor are we one-dimensional characters and neither should our worship be. In Mark 12:28-31 Jesus said that the greatest commandment is to “Love the Lord your God with all your heart, soul, mind and strength”

Christingle at St Minver



Here are some pictures from the well attended St Minver Christingle. Lots more Christmas services took place over the cluster but unfortunately we had to go to print before we could get photos.



Cluster events for children & families



Messy Church
Perceval Institute

Tuesday 25th February 2020 3.30pm
Pancakes, Lent and Easter activities
for all the family



Junior Church
Perceval Institute

Sun 5th & 19th January 10.45am
Bible story, games and craft before
we join the adults for Communion



Mini fingers
Perceval Institute

Every Friday term time 10am- 12
Baby and toddler club, with play,
songs and activities. All welcome.
£2 per family



Good Morning Café
St Kew Ace Academy
School

**Every Wed term time
9.00-10.30am**
Crafting with refreshments or
just come for the chat and friendship.
We have toys for toddlers too.



Come and Sing
St Minver Church

**Next on 25th January 2020
5pm**
Gentle service suitable for all
ages, singing new songs and
old favourites.

Facebook: childrenandfamilyNCC  ncc.childrenfamily@gmx.com
www.northcornwallclusterofchurches.org.uk



**WORSHIP
MUSIC
TRAINING
DAY**

SAT 1st FEBRUARY @ 9.45 - 3 PM.
PERCEVAL INSTITUTE, ST MINVER.
BRING & SHARE LUNCH.
BRING AN INSTRUMENT!

NORTH CORNWALL CLUSTER OF CHURCHES



**Good Morning
Cafe**

St Kew Ace Academy
Wednesday term time

9.00-10.30am

Everyone welcome

Begin the rest of your day with a relaxing cuppa
 Previously known as Tea'n'toast

Contact information

Rector Elizabeth Wild
 elizabeth-wild@live.co.uk
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Children & Family Worker
 Marcus Jones 07923913727

Administrator – Baptisms, Weddings & Funerals
 Elizabeth Williams 07976 552 236 lizwilliams@live.co.uk

Administrator – General Enquiries & Communications
 Gavin Tyler gavin@northcornwallclusterofchurches.org.uk

Clergy

Geraldine Ashton
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 Rose Jones
 01208 592353
 Andrew Lewis
 01840 211161
 Judith Pollinger
 01208 880181
 Corinne Tournay
 07908027826

Readers

Peter Coster
 01208 880332
 David Elliott
 01208 863905
 Marcus Jones
 07923913727
 Henry Gompertz
 01208 869421

Church and Chapel wardens

St James, St Kew
 Andrew Campbell
 01208 841115
 Rob Soley
 01208 841366

*St Endellion with
 St Peter's, Port Isaac*
 Robert Sloman
 01208 880412
 Jill O'Grady
 01208 880312
St Peter's: Pat Pearson
 01208 880969
St Minver
 Ruth Varcoc
 01208 862954
 Mick Sumra
 01208 862550
St Enodoc
 Bill Nimmo
 01208 862665
St Michael
 Jane Pain
 01208 863178

Next issue

The deadline for text
 and or pictures* for
 the October issue is:

15th January 2020

* Please note
 that permission is
 required for people in
 photographs and written
 parental consent for
 children.

Cluster services and Events - January 2020

Date	St Kew	St Peter's	St Endellion	St Minver	St Enodoc	St Michael
Sunday 5 Epiphany	9.30am Holy Communion	9.30am Morning Worship	11.00am Sung Eucharist	11.00am Holy Communion	3pm Evensong	6pm Evensong
Sunday 12 Baptism of Christ	9.30am All Age Worship	9.30am Holy Communion	11am Sung Eucharist	11am Covenant Service at Rock Methodist	3pm Evensong	9.15am Holy Communion 6pm Evensong
Sunday 19	9.30am Holy Communion	9.30am Morning Worship	11.00am Sung Eucharist	11am Holy Communion	3pm Evensong	6pm Evensong
Saturday 25			9.30am Eucharist	5pm Come and sing		
Sunday 26	9.30am Covenant Service at St Kew Methodist	9.30am Holy Communion	11.00am Sung Eucharist	11.00am All Age Worship	3pm Holy Communion	6pm Evensong

Correct at time of printing. Please check weekly pew sheets for more information

Weekly Services

8am Tuesday Holy Communion (BCP) St Endellion, 10am Wednesday Holy Communion St Minver

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